# **Army Information Update**

Because information is power, we are informing you each personally and inspiring you to pass it along.

### **MOVING MADE EASIER!**

While summer months are the peak PCS season, many Army families will experience a move between December and January. Army families have access to a range of resources to assist with PCS moves so this month we focused on some of the top resources ready to empower you and your family to make a smooth, drama-free move.

## **Official Military Resources**

- Military OneSource- from customized moving plans to budgets, reimbursements, connecting with your gaining installation for jobs, schools, a sponsor, childcare, integrating into your new community and more. It's all conveniently in one place- just click and go!
- OCONUS Moves (Outside the Continental United States) can be more complicated and require more planning.
- Army PCS Move App- A mobile app providing guidance on financial management, entitlements, scheduling, claims, and more. Available for free on iOS and Android platforms.
- Visit your gaining installation's <u>HOUSING OFFICE</u> for help with deposits, understanding your lease before you sign it, recommendations on safe areas to buy or rent and more!
- Even more **HOUSING** Information.
- Money- Carefully planning your moving budget helps keep stress levels under control!
  - <u>Financial Frontline & MilSpouse Money</u> help with strategies to keep you financially on track during a PCS.
  - As long as you're looking at FINANCIAL FRONTLINE, see these <u>Amazing Free</u> Resources and Support!
  - Army Emergency Relief (AER) is the Army's Nonprofit there for you if you
    experience an unexpected financial emergency.

#### **Community and Advocacy Groups**

- Help Finding a House- MILLIE offers free resources and free services to support your entire PCS journey.
- <u>Blue Star Families WELCOME Programs</u>- offers community programs and connection opportunities to integrate families into new locations.

#### Healthcare

• The Army's health insurance is **TRICARE** 

#### A Few Extra Tips-

- <u>Be Thrifty</u>- shop your installation's Thrift Shop and local thrift shops to drop off things you don't need and get bargains on things you do need!
- Be Brave- introduce yourself to your new neighbors on your left and right!
- Be Curious- look at Your City's Chamber of Commerce Website
- <u>Be Adventurous</u>- visit <u>YOUR INSTALLATION'S MWR</u> for discounts on travel, tickets, events, sightseeing and more! They'll even help you create a bucket list of fun things to see and do in the area.

Our Goal: Every Army Spouse & Family are Aware of Big Army Information, Efforts, and Initiatives.